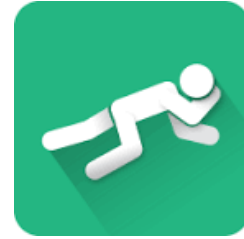




Introduction to First Aid



Park School for Girls is delighted to offer the opportunity for children over the age of 14, parents, carers and family members to attend a training session which could provide them with the knowledge to

SAVE A LIFE!

The training will be delivered by professional First Aid trainers on **Tuesday 21 May 2019 from 4.00pm to 6.00pm.**

The cost is **£15 per person.**

The training course will cover Choking, Recovery Position, Basic Life Support, severe Bleeding, Heart Attacks (including CPR and use of an AED).

Attendees will receive a certificate of attendance

The training will be provided by Williams and Associates who are a small and friendly healthcare training company. The trainers have many years of nursing experience in cardiac, critical and acute care.

The staff at Park School for Girls recently received similar training from this organisation and all were very impressed by their knowledge and professionalism. Everyone felt they learnt something, even those that have had previous First Aid training.



AED

Automated external defibrillator



CPR

Cardiopulmonary resuscitation